

PARENTAL PERMISSION FORM

AS PART OF THE HPE UNIT, WE WILL COVER A DISCUSSION OF MALE AND FEMALE BODY CHANGES IN CLASS.



Chapters include Changes To Your Body, Menstruation and Social & Emotional Changes – all as part of understanding puberty and the changing teenage body.

As part of this lesson plan, we like parents to be actively involved by also communicating with their child about the changes that occur with puberty and adolescence.

The lessons will include specific information relating to menstrual products and all female students will be offered information and a range of product samples to help them understand the menstrual cycle.

Please return this signed form if you consent to your child receiving samples of pads, liners and/or tampons as part of the HPE unit – 'What's Happening To U?'

Please contact the teaching staff if you have any questions about the lesson details, or would like some guidance in discussing this topic with your children.

I, _____, give permission for my child, _____, to participate in the HPE unit 'What's Happening To U?' and for them to receive product samples.

Signed: _____ (parent or guardian)

Dated: _____